

s 2012 0051

The invention relates to the food industry, in particular to a food functional product on base of vegetable oils.

The product, according to the invention, contains grape seed oil and a mixture of vegetable oils, consisting of linseed or rapeseed oil and of sunflower or corn, or soybean oil, the components being taken in the following ratio, mass %:

grape seed oil 2...16

mixture of vegetable oils 84...98,

at the same time the ratio of polyunsaturated fatty acids ω -6 to ω -3 in the product is (5...10):1.

The result of the invention consists in the production of a food product with an optimum ratio of polyunsaturated fatty acids.

Claims: 3